#### **APPENDIX C**

### **CHE-Facilitated Education/Outreach Project Summary**

**Description of CHE Intervention** – Provide a description of the CHE-Facilitated Education/Outreach Project.

**Evening of Shared Awareness:** Breast and Ovarian Cancer Clinical Trials. A panel of physicians that spoke about the importance of participating in clinical research and helping community members understand the importance of cancer research and answering questions of audience.

| Local Cancer Health Disparity Issue for the CHE Directed Education/Outreach Project |  |                                |                         |
|---|--|--------------------------------|-------------------------|
| Population Focus  | Race:  | n/Alaska Native                | Ethnicity: Hispanic     |
|   | Asian  | II/Alaska Native               | Non-Hispanic            |
|   | Black/African A  | merican                        | Non mapanic             |
|   | White/Caucasia   |                                |                         |
|   | · = ·  | n/Other Pacific Islander       |                         |
| Additional Characteristics  |  | data demonstrates the follow   | ving:                   |
| Describing Target   |  |                                |                         |
| Population (i.e.  | Large male populati  | on in Beaumont Troy            |                         |
| immigrants, Limited English   | <br>  Large female popul   | ation in the Beaumont Gross    | se Pointe service area  |
| Proficiency, Low SES,   |  |                                |                         |
| medically underserved,  | Growing population of 35-54 year olds in Beaumont RO service area        |                                |                         |
| etc)  | Wayne County demonstrates almost half of the population with a high      |                                |                         |
|   | school or lower education  |                                |                         |
|   | Solido. G. Totte: Education  |                                |                         |
|   | Significant number of Wayne County residents with income under 50k; a    |                                |                         |
|   | factor linked to redu  | iced health services in preve  | ntion and treatment     |
|   | Significant Asian Am   | nerican and Caucasian popul    | ation in Macomb county  |
|   | Significant Asian-An   | ierican and Cadcasian popul    | ation in Maconib County |
|   | Significant African-A  | merican population in Wayr     | ne county               |
| D 1 11 11 111   |  |                                |                         |
| Description of Linkage with   |  | fort to reach minorities to jo |                         |
| Parent Grant Research   | offer within the community. Our parent grant and our CHEP work to        |                                |                         |
|   | include minority populations in the education that we provide within the |                                |                         |
|   | community.   |                                |                         |
| Cancer Focus AND Cancer   | Cancer Focus   | Cancer Continu                 | um/Tonic Area           |
| Continuum/Topic Area  |  |                                |                         |
| continuani, ropie / ii cu   | Breast   | Prevention                     | Biospecimen             |
|   | Colorectal   | Screening & Detection          | Collection              |
|   | Prostate   |                                | Clinical Trials         |

| Cervical | Treatment              | Genetic Testing |
|----------|------------------------|-----------------|
| Lung     | Survivorship           | Other:-         |
| Other:   | Recurrence/Progression |                 |
|          | End of Life            |                 |
|          |                        |                 |

| Cancer Education Resource for the CHE Facilitated Education/Outreach Project |   |  |
|--|---|--|
| Title of Resource  | NCI Lifelines (Breast Cancer Risks, Evaluating Cancer Ed. Online), CCTO Brochures, CCTO Panel Cards, American Cancer Society "Is a Clinical Trial Right For Me?"  |  |
| Type of Resource Available   | Print Resource (e.g. brochure, newsletter)  Audio/Video PowerPoint Internet/Web  Social Networking Resource Training Curricula/Toolkits Program planning tool Other:  |  |
| Purpose of Resource  | ✓ Awareness Raising       ✓ Informed Decision Making         ✓ Knowledge       ✓ Behavioral Change         ✓ Motivation       Other:  |  |
| Source of Resource/Adapted from  | Federal (e.g. NCI, CDC)  National Non-Federal (e.g. ACS, ICC)  Locally developed/Project-generated  Other:  |  |
| Languages Available in   | <ul><li>English</li><li>Spanish</li><li>Other</li></ul>   |  |
| Average Reading Level  |   |  |
| Partners Engaged in Cancer   |   |  |
| *please add additional rows for partners as                                  | Partner Organization:American Cancer Society,  Role:  Financial In-Kind (Service /Equipment) In-Kind (Personnel) In-Kind (Networking/Information Exchange) Formal Relationship (Signed Memorandum of Understanding (MOU)) Joint Program Sponsorship |  |
| needed   | Collaborative Research  |  |
| Describe CHE Role in Adopting Cancer Education Resources                     |   |  |

| Education/Outrea  | ch Strategies for the CHE-Facilitated Education/Outreach Project  |
|---|---|
| Type of Education/Outreach  | ☑ Individual/family-directed       ☐ Media Campaign         ☐ Provider-directed       ☐ Social Network/Group         ☐ System-directed       ☐ Multi-strategy         ☒ Community focused       (check all that apply)         ☐ Policy focused   |
| Theory  | Yes If yes, identify theoryNo   |
| Description of Education/Outreach Strategies (e.g. Aims, Strategies, and Channels)                | A press release was done for this outreach event, the CHE filtered the information through all community partners, support groups, community groups & their community members that signed up for our email blasts during community outreach events, the CHE also requested that the different departments within our health system share the information with employees and their patients. |
| Describe CHE Role in<br>Education/Outreach<br>Strategies  | The CHE developed the plan, implemented and evaluated the plan for outreach.  |
| Partners Engaged in Cancer Education Resource  *please add additional rows for partners as needed | Partner Organization:_Karmanos Cancer Center and American Cancer Society _ Role:  |
| Delivery Methods  | Individual/One-On-One ☐ Print (e.g. Newsletter)   Small Group Meeting ☐ Electronic (excluding social media)   (2-25 people, e.g. workshop) ☐ Social Media   (25-100 people, e.g. workshop, town hall meeting) ☐ Other:   Community Event (> 100 people, excluding health fair)   Health Fair Other  |

| Intended Outcomes  | Intended Outcomes (check all that apply and provide brief description):  Increase Awareness Increase Knowledge Decision-Making Increase Motivation Behavior Change (describe) Other (describe)  |
|--|---|
| Evaluation Methods   | Evaluation Methods (check all that apply and provide brief description of method and metrics):  Qualitative Quantitative Mixed Methods Other (describe)  Pre/Post Test Survey Observational Screening Numbers Other   |
| Actual Results/Outcomes<br>to date (attach<br>tables/graphs as<br>appropriate) | The evaluations showed that members of the community learned a great deal from this program and were guided about where to go when in need of cancer education and information.   |
| Dissemination Plan   | Yes If yes, describe plan; Concentrate on which groups we want to target and reach out to the community organizations that are affiliated with the groups that we want to reach during their community programs, evaluate plan and implement a revised plan |

### **APPENDIX C**

# **CHE-Facilitated Education/Outreach Project Summary**

## Eat Healthy, Be Active Workshops

| Local Cancer Health Disparity Issue for the CHE Directed Education/Outreach Project |  |  |                                    |
|---|--|--|------------------------------------|
| Population Focus  | Asian  Black/African A  White/Caucasia |  | Ethnicity:  Hispanic  Non-Hispanic |
| Additional Characteristics  |  | data demonstrates the follow                             | ving:                              |
| Describing Target Population (i.e.  | Large male populati                    | on in Beaumont Troy                                      |                                    |
| immigrants, Limited English   | <br>  Large female popul               | ation in the Beaumont Gross                              | se Pointe service area             |
| Proficiency, Low SES, medically underserved,  |  | of 35-54 year olds in Beaum                              |                                    |
| etc)  | Wayne County dem school or lower edu   | onstrates almost half of the cation                      | population with a high             |
|   | _                                      | of Wayne County residents vuced health services in preve |                                    |
|   | Significant Asian-An                   | nerican and Caucasian popul                              | ation in Macomb county             |
|   | <br>  Significant African-A            | merican population in Wayr                               | ne county                          |
| Description of Linkage with   | We make a great ef                     | fort to reach minorities to jo                           | in the research that we            |
| Parent Grant Research   | offer within the con                   | nmunity. Our parent grant ar                             | nd our CHEP work to                |
|   | include minority po                    | oulations in the education th                            | at we provide within the           |
|   | community.                             |  |                                    |
| Cancer Focus AND Cancer   | Cancer Focus                           | Cancer Continu   | um/Topic Area                      |
| Continuum/Topic Area  | □ Breast                               | □ Prevention   | Biospecimen                        |
|   |  | Screening & Detection                                    | Collection                         |
|   |  | Diagnosis  | Clinical Trials                    |
|   | Cervical                               | Treatment  | Genetic Testing                    |
|   | Lung                                   | Survivorship   | Other:-                            |
|   | Other:                                 | Recurrence/Progression                                   | n                                  |
|   |  | End of Life  |                                    |

| Cancer Education Resource for the CHE Facilitated Education/Outreach Project |   |   |
|--|---|---|
| Title of Resource  | Eat Healthy, Be Active Workshop Boo   | klet  |
| Type of Resource Available   | Print Resource (e.g. brochure, newsletter) Audio/Video PowerPoint Internet/Web  | Social Networking Resource Training Curricula/Toolkits Program planning tool Other:       |
| Purpose of Resource  | <ul><li>Awareness Raising</li><li>Knowledge</li><li>Motivation</li></ul>  | <ul><li>☐ Informed Decision Making</li><li>☐ Behavioral Change</li><li>☐ Other:</li></ul> |
| Source of Resource/Adapted from  | Federal (e.g. NCI, CDC)  National Non-Federal (e.g. ACS, Locally developed/Project-gene Other:  | rated   |
| Languages Available in   | English Spanish Other   |   |
| Average Reading Level  |   |   |
| *please add additional rows for partners as needed  Describe CHE Role in     | Michigan State University Exten Role: Financial In-Kind (Service /Equipment) In-Kind (Personnel) In-Kind (Networking/Informatio Formal Relationship (Signed Me Joint Program Sponsorship Collaborative Research | n Exchange)<br>emorandum of Understanding (MOU))  |
| Describe CHE Role in Adopting Cancer Education Resources                     | CHE is responsible for developing the workshop booklet.   | resources that will be included in the  |

| Education/Outreach Strategies for the CHE-Facilitated Education/Outreach Project                  |  |  |
|---|--|--|
| Type of Education/Outreach  | ☐ Individual/family-directed       ☐ Media Campaign         ☐ Provider-directed       ☐ Social Network/Group         ☐ System-directed       ☐ Multi-strategy         ☐ Community focused       (check all that apply)         ☐ Policy focused       ☐ Policy focused                                   |  |
| Theory  | Yes If yes, identify theoryNo  |  |
| Description of Education/Outreach Strategies (e.g. Aims, Strategies, and Channels)                | Information is shared with our community   |  |
| Describe CHE Role in Education/Outreach Strategies  | The CHE developed the plan, implemented and evaluated the plan for outreach.   |  |
| Partners Engaged in Cancer Education Resource  *please add additional rows for partners as needed | Partner Organization:_Karmanos Cancer Center and American Cancer Society _ Role:   |  |
| Delivery Methods  | Individual/One-On-One ☐ Print (e.g. Newsletter)   Small Group Meeting ☐ Electronic (excluding social media)   (2-25 people, e.g. workshop) ☐ Social Media   (25-100 people, e.g. workshop, town hall meeting) ☐ Other:   ☐ Community Event (> 100 people, excluding health fair)   ☐ Health Fair ☐ Other |  |

| Intended Outcomes   | Intended Outcomes (check all that apply and provide brief description):  ☐ Increase Awareness ☐ Increase Knowledge ☐ Decision-Making ☐ Increase Motivation ☐ Behavior Change (describe) ☐ Other (describe)   |
|---|--|
| Evaluation Methods  | Evaluation Methods (check all that apply and provide brief description of method and metrics):  Qualitative Quantitative Mixed Methods Other (describe)  Pre/Post Test Survey Observational Screening Numbers Other Other  |
| Actual Results/Outcomes to date (attach tables/graphs as appropriate) | The evaluations showed that our expected outcomes were met. Each workshop encouraged participants to Eat Healthy by sharing healthy tips, where to get healthy foods and what is considered healthy. The workshop also provides information on recommendations of fruit and vegetable servings.  We also provide information on being physically active to the community and ways to get the recommended time of physical activity without being a member of a gym. We have professionals come in to demonstrate exercises that participants can do within their own home. |
| Dissemination Plan  | Yes If yes, describe plan; Concentrate on which groups we want to target and reach out to the community organizations that are affiliated with the groups that we want to reach during their community programs, evaluate plan and implement a revised plan  No  |