

Articulating Your Mentoring Plan¹

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Reflecting upon your mentoring relationships is a vital part of becoming a more effective mentor. This is especially important immediately following a mentor-training session so that you can consider how to implement changes in your mentoring practice based on the training. Reflection on your mentoring practice at regular intervals is strongly encouraged.

Competency	What is one thing I will try or do differently in the future?
Communication	
Aligning Expectations	
Cultural Competency	

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¹ Adapted from: Pfund, C., House, S., Asquith, P., Spencer, K., Silet, K., Sorkness, C. (2012). *Mentor Training for Clinical and Translational Researchers*. New York, NY: W.H. Freeman & Company.