Reproducibility of Diffusion-Weighted Radial vs. Conventional EPI Protocols in GEM Model of Pancreatic Cancer

Hee Kwon Song, PhD, Jianbo Cao, PhD, Stephen Pickup, PhD, Hanwen Yang, Victor Castillo, Cynthia Clendenin, DVM, Jinbo Chen, PhD and Rong Zhou, PhD

Department of Radiology University of Pennsylvania,

Philadelphia, PA 19104



Introduction

- Diffusion-weighted (DW-) MRI may be useful for assessing tumor response to stroma-directed drugs
- We compared two motion-resistant DW-MRI methods and compared test-retest results:
 - Cartesian spin-echo EPI (DW-SE-EPI)
 - Radial spin-echo (DW-SE-RAD)

Methods

- 4.7T horizontal bore DirectDrive[®] MR system (Agilent) interfaced with 12-cm gradients
- Respiratory-gated DW-MRI with b-values: 0.64, 535, 1071, 1478, 2141 s/mm²
- KPC mice (LSL-Kras^{G12D/+};LSL-Trp53^{R172H/+};Pdx-1-Cre)
- Test-retest (N = 10) performed with full recovery between scans, repositioned (2-4 hour interval)
- DW-SE-EPI:
- <u>DW-SE-RAD</u>: TE/TR = 30ms/2-3 respiratory periods; BW = 50kHz; FOV = 32x32mm²; 0.5mm thick; 12-18 slices; 64 readouts; 101 views, acquisition time = 20-38 min
- <u>DW-SE-EPI</u>: 128x128; 4 shots; TE/TR = 26ms/4 respiratory periods; 1.5mm thick; FOV = 32x32mm²; BW = 250kHz; 16 averages; acquisition time ~20-35 min

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Results

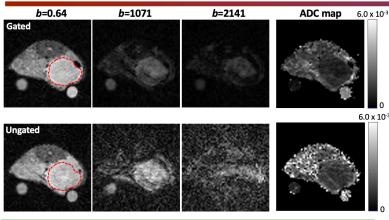
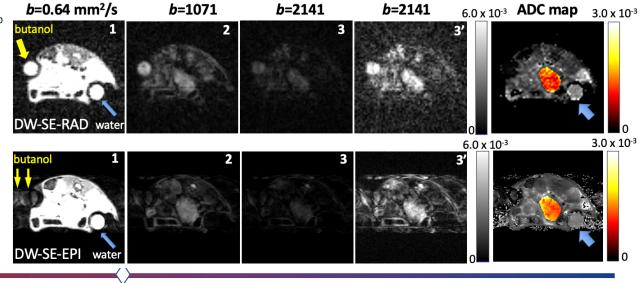


Fig. 1 (above) Diffusion-weighted images and the ADC maps from DW-SE-RAD protocol with and without prospective respiratory gating. Mean ADC (in $10^{-3} \text{ mm}^2/\text{s}$) of water in the gated scan was 3.2 ± 0.13 , closely matching literature values, while that of ungated scan was 4.0 ± 0.30 . The ADC estimates of the tumor were 1.1 ± 0.097 (gated) vs. 1.3 ± 0.17 (ungated). **Fig. 2 (below)** Diffusion-weighted images and ADC maps obtained from the two DWI protocols. Frames 3 and 3' are same images windowed differently. ADC maps (mm^2/s) are displayed in color overlay for tumor and in gray scale for other tissues and phantom. Due to its low diffusion coefficient (~0.44 x10⁻³ mm²/s), butanol appears with low intensities in the ADC maps.



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Results

| Table 1 Statistical parameters derived from ADC estimates in the test-retest study | | | | | | |
|--|-----------|-------------|-------------------|------------------|--------|------|
| | PROTOCOL | | | SD _{ws} | | RC |
| | | (mean ± sd) | (mean ± sd) | 02113 | 01///3 | 110 |
| Water* | DW-SE-RAD | 3.2 ± 0.29* | -0.042 ± 0.28 | 0.19 | 0.060 | 0.53 |
| | DW-SE-EPI | 2.8 ± 0.15* | 0.069 ± 0.15 | 0.11 | 0.039 | 0.31 |
| Muscle | DW-SE-RAD | 1.8 ± 0.27 | 0.045 ± 0.20 | 0.14 | 0.073 | 0.38 |
| | DW-SE-EPI | 1.8 ± 0.23 | 0.060 ± 0.26 | 0.18 | 0.096 | 0.50 |
| Tumor | DW-SE-RAD | 1.3 ± 0.24 | -0.017 ± 0.18 | 0.12 | 0.090 | 0.34 |
| | DW-SE-EPI | 1.5 ± 0.28 | -0.082 ± 0.34 | 0.24 | 0.13 | 0.66 |

 ΔD : Difference between test-retest; SD_{ws} : Within-subject standard deviation; CV_{ws} : Within-subject coefficient of variation; RC: Repeatability coefficient. CV_{ws} and RC are unitless. All other values reported in units of x10⁻³ mm²/s *: P <0.001; for all others, P >0.05.

Observations:

- Radial sequence yields more accurate ADC value of water (3.2 vs. 2.8 for Cartesian EPI).
- In test-retest, ADC variability in tissue is generally lower in radial images than those in Cartesian.

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Discussion & Conclusion

- Cartesian EPI approach yielded better SNR than radial, but suffered from severe ghosting artifacts and under-estimation of ADC values in the water phantom.
- Radial images were free of motion and yielded more accurate water ADC and lower variability (coefficient of variation) in biological tissues.
- The main disadvantages of prospectively gated spin-echo radial acquisition is the long acquisition time (~30 min in this work) and lower SNR.
- Radially sampled DWI requires moderate gradient capabilities broadly available on preclinical scanners, and thus may be the recommended approach for imaging the abdomen of free-breathing mice.

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